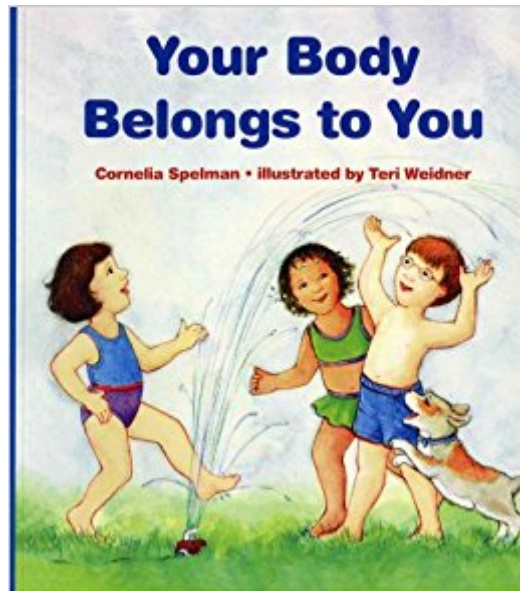




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# Your Body Belongs To You



## Synopsis

In simple, reassuring language, the author explains that a child's body is his or her own; that it is all right for kids to decline a friendly hug or kiss, even from someone they love; and that you can still be friends even if you don't want a hug now.

## Book Information

Mass Market Paperback: 24 pages

Publisher: Albert Whitman & Company; unknown edition (January 1, 1997)

Language: English

ISBN-10: 0807594733

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Product Dimensions: 8 x 0.1 x 9 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 205 customer reviews

Best Sellers Rank: #6,835 in Books (See Top 100 in Books) #8 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#) #1241 in [Books > Health, Fitness & Dieting](#)

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

PreSchool-Grade 2. This book is positive and assertive without being frightening. It lets young children know that it's all right for them to choose when, and by whom, they are to be touched. It goes on to define "private parts" as "the places on your body covered by a bathing suit," and states that they should never be touched by people other than medical personnel and adults helping with bathroom functions. The prefatory note to parents is an important one as it reminds them to trust a child's instincts and concerns related to unwanted touching. Weidner's simple watercolors are adequately rendered and are appropriate to the content. Even with its basic vocabulary and limited scope, this book will need to be, and should be, shared one-on one. --Rosie Peasley, Empire Union School District, Modesto, CA Copyright 1997 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"A good, solid book on the subject and one of the few appropriate for this age group."Booklist"This book is positive and assertive without being frightening."School Library Journal

My kids like this book, but I'm not a fan. I find it to be a little too polite. I'm uncomfortable with teaching my chicken that they should say "No, not right now please." after already demonstrating that they don't want to be touched. In some cases, yes that is an appropriate response, but the way it's repeated just didn't hit home for me. Meanwhile the book reinforces "You like being touched." Yes the subject is delicate. You don't want to scare the hell out of your child, but the book is lacking some empowerment in my opinion.

This is a \*great\* book. It covers everything without going too far or being scary. It also helped create a dialogue with our young kids. When they fail to respect body boundaries, I ask, "Who's the boss of [your friend's] body?" and that gives us a good chance to remind them to make sure other people respect their boundaries, too.

This book has been great to talk about appropriate touching. It doesn't go into too much detail so it keeps the kids innocent. It basics tells the kids which body parts are their privates and says they have a right to say no if they don't want touched/hugged/kissed. And to tell a parent if anyone touches their privates. It has grown with my daughter since she was 2. Now she's 4 and we continue to use this book to discuss this topic.

I purchased this when our child was 4 years old. It was written just for her age and made me feel so much better about sending her off to daycare and friends houses knowing that she knew what belonged to her and nobody else. It was illustrated well to keep a four year old's attention and was age appropriate.

I got this book for my four year old recently and it was exactly what I was looking for. It explains that private parts are private and that they should never be touched by others accept during a checkup with the doctor or by parents while helping the child wash themselves. It also explains that children have a right to say no to a hug or other touching even from the people they love most, like their parents, and that it does not hurt their parents' feelings. I think it is important for children to be empowered in this way because it gives them the building blocks for setting boundaries and teaching them that they have complete control over their own body and no one, even adults, do not have a right to force them to comply with unwanted physical contact.

A must add to a school counselor's library! This book is great to go along with my safe touch lessons. It is easy to follow and understand. The words and pictures seem to be engaging to the children. I like to read the book to my classes, then I will proceed with my lesson. It sets the tone as an introduction to the subject matter. It's the best book of its kind for young children. I could also see reading to my personal children as an introduction to tough subject matter.

Very well written and illustrated. Doesn't lead to a bunch of weird questions about sex or anything inappropriate. I believe as the parent of 2 little girls, that this type of communication and education can't be stressed enough. With all the weirdos and perverts out there I want to teach my girls what kind of actions are appropriate and acceptable and this book certainly doesn't hurt and could quite possibly help. I'm no child psychologist but I do believe it's common sense to talk to kids about things like this.

it is hard to start a conversation with children about the safety of their bodies, and its even harder to know at what age is appropriate... so when my daughter's 3 year old preschool class introduced this book then i knew it would be a great addition to our library -- its never to early to teach them about safety and start the conversation in a non-intimidating manner

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